



SEPTEMBER | 2018

RANDOLPH SOUTHERN BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 LABOR DAY NO SCHOOL	4 DONUT JUICE FRUIT MILK	5 CEREAL JUICE FRUIT MILK	6 BREAKFAST PIZZA JUICE FRUIT MILK	7 MUFFIN JUICE FRUIT MILK
10 BREAKFAST SLIDERS JUICE FRUIT MILK	11 POPTART JUICE FRUIT MILK	12 CEREAL JUICE FRUIT MILK	13 CINNAMON TEXAS TOAST JUICE FRUIT MILK	14 PEANUT BUTTER & JELLY SANDWICH JUICE FRUIT MILK
17 STRING CHEESE GRAHAM CRACKERS JUICE FRUIT MILK	18 CINNAMON PRETZEL STICK JUICE FRUIT MILK	19 CEREAL JUICE FRUIT MILK	20 EGG SANDWICH JUICE FRUIT MILK	21 PANCAKES/SYRUP JUICE FRUIT MILK
24 SAUSAGE & CHEESE BISCUIT JUICE FRUIT MILK	25 YOGURT GRANAM CRACKERS JUICE FRUIT MILK	26 CEREAL JUICE FRUIT MILK	27 MIN CINNIS JUICE FRUIT MILK	28 BREAKFAST BAR JUICE FRUIT MILK

News DID YOU KNOW?

Broccoli contains two times the vitamin c of an orange.

Apples are made of 25% air, which is why they float.

Cherries are a member of the rose family.

Lemons contain more sugar than strawberries

Honey is the only edible food that never goes bad.

1% of Americans are vegetarians.