

AUGUST | 2020

RANDOLPH SOUTHERN JR-SR HIGH SCHOOL



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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|-----------|--|---|---|--|----------|
| 3 | USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER | | | | 7 |
| 10 | 11 CHEESEBURGER/BUN BBQ Pork/Bun FRENCH FRIES CARROTS PEACHES MILK | 12 CHICKEN TENDERS Fish Sandwich CHIPS BAKED BEANS APPLESAUCE MILK | 13 PIZZA Cheesburger Mini Twins CORN PINEAPPLE MILK COOKIE | 14 PHILLY STEAK SANDWICH CornDog BROCCOLI COTTAGE CHEESE PEARS MILK | |
| 17 | 18 NACHOS W/MEAT & CHEESE Pizza Burger/Bun REFRIED BEANS PEACHES MILK | 19 COUNTRY FRIED STEAK Chicken Leg MASHED POTATOES/GRAVY CARROTS APPLESAUCE MILK ROLL | 20 PIZZA BREADSTICK Boneless Hot Wing Sub CORN FRUIT CUP MILK BROWNIE | 21 POTATO SOUP Southwestern Chicken Soup GRILLED CHEESE MIXED FRUIT MILK | |
| 24 | 25 CHICKEN BACON RANCH SUB Hot Dog BAKED BEANS APPLESAUCE MILK | 26 MAID RITE/BUN Mini Corn Dogs POTATO WEDGES GREEN BEANS PEARS MILK | 27 HAM & CHEESE CROISSANT Fajita Chicken Wrap CHIPS CARROT STICKS APPLE MILK DIRT PUDDING | 28 MASHED POTATO CHICKEN BOWL Pork Chop CORN MIXED FRUIT MILK | |
| 31 | 1 SUB SANDWICH Peanut Butter Sandwich CHIPS CARROTS PEACHES MILK ICE CREAM | 2 | 3 | 4 MENU IS SUBJECT TO CHANGE WITHOUT NOTICE DUE TO DELIVERY OR EQUIPMENT ISSUES | |

News

OFFER VS. SERVE

Each day your student is offered a lunch containing the following: Meat/Meat alternate, grain, fruit, vegetable and milk.

Your student must choose 3 food groups for his/her meal. One of the food groups must be a fruit or vegetable. Some of the menu choices may count as 2 food groups such as pizza, nacho, cheeseburger/bun or chef salad.

If your child comes home and says he/she did not get enough at lunch ask if he/she is taking all of their choices.

Questions Contact: Jenna Marquis, FSD at 765-874-2541, ext. 228