

APRIL | 2021



RANDOLPH SOUTHERN JR-SR HIGH SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>29</p> <p>USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</p>	<p>30</p> <p>MENU IS SUBJECT TO CHANGE WITHOUT NOTICE DUE TO DELIVERY OR EQUIPMENT ISSUES</p>	<p>31</p>	<p>1</p> <p>CHICKEN & NOODLES Ham Slice MASHED POTATOES CARROTS MIXED FRUIT MILK</p>	<p>2</p> <p>HOT DOG/BUN BBQ/Bun CHIPS BAKED BEANS PEACHES MILK</p>
<p>5</p> <p>PIZZA Cheeseburger Mini Twins GREEN BEANS PINEAPPLE MILK</p>	<p>6</p> <p>HAM & CHEESE CROISSANT Maid Rite/Bun POTATO WEDGES CARROTS PEACHES MILK</p>	<p>7</p> <p>MRS. RANDALL MENU POPCORN CHICKEN Fish Sandwich MASHED POTATOES W/BACON SALAD CHEESY BREADSTICK MILK STRAWBERRY CUPCAKE</p>	<p>8</p> <p>SPAGHETTI W/MEATSAUCE Mac & Cheese BROCCOLI APPLESAUCE MILK GARLIC BREAD</p>	<p>9</p> <p>PANCAKES/SYRUP SAUSAGE LINKS Biscuit w/Sausage Gravy HASH BROWN PEARS MILK</p>
<p>12</p> <p>GRILLED CHEESE Calzone CHIPS CARROTS PEACHES MILK</p>	<p>13</p> <p>COUNTRY FRIED STEAK Chicken Breast MASHED POTATOES BROCCOLI APPLESAUCE MILK</p>	<p>14</p> <p>SPICY CHICKEN PATTY/BUN Corn Dog POTATO WEDGES GREEN BEANS MIXED FRUIT MILK</p>	<p>15</p> <p>WALKING TACO Quesadilla REFRIED BEANS LETTUCE/CHEESE/SALSA PEARS MILK</p>	<p>16</p> <p>SCRAMBLED EGGS BACON BISCUIT Chicken Sandwich HASH BROWN BANANA MILK</p>
<p>19</p> <p>CHICKEN TENDERS Hot Dog/Bun CHIPS BAKED BEANS PEACHES MILK</p>	<p>20</p> <p>SALISBURY STEAK Chicken Breast MASHED POTATOES/GRAVY BROCCOLI APPLESAUCE MILK</p>	<p>21</p> <p>NACHOS W/MEAT & CHEESE Philly Steak Sandwich REFRIED BEANS LETTUCE/CHEESE/SALSA PEARS MILK</p>	<p>22</p> <p>CHICKEN BACON RANCH SUB Sloppy Joe/Bun POTATO WEDGES MIXED FRUIT MILK DESSERT</p>	<p>23</p> <p>MASHED POTATO CHICKEN BOWL BBQ/Bun CORN BAKED APPLES MILK</p>
<p>26</p> <p>PIZZA BREADSTICK Corn Dog CARROTS STRAWBERRIES MILK COOKIE</p>	<p>27</p> <p>CHEESEBURGER/BUN Quesadilla FRENCH FRIES BROCCOLI APPLESAUCE MILK</p>	<p>28</p> <p>CHICKEN & NOODLES Ham Slice MASHED POTATOES PEAS PEACHES MILK</p>	<p>29</p> <p>LOADED POTATO WEDGES Calzone GREEN BEANS MIXED FRUIT MILK BREADSTICK</p>	<p>30</p> <p>BACON CHICKEN WRAP Maid Rite CHIPS BAKED BEANS PEARS MILK</p>

News

DID YOU KNOW?

Students spend about 6 hours per day in the classroom. Without the proper fuel, though, students can quickly run out of steam and lose interest in schoolwork. Nutritious meals provide students with adequate fuel that can keep them energized and focused all day. Plus a healthy diet will also support a healthy immune system, which means fewer sick days for students.